

Receiving government health or nutrition benefits in NC does not prevent you from getting a green card.

Immigration does not consider ANY health or nutrition benefits that either you or your family members may use when considering your application for a green card. You can use any health and nutrition program without concern, including: Medicaid*; the ACA/"Obamacare;" SNAP (food stamps); WIC; free health clinic services; vaccines, school lunch and breakfast; and any other health or nutrition programs. Your U.S. citizen relatives can use any benefits or programs with no impact on your immigration application. **THIS RULE HAS NOT CHANGED AS OF APRIL 15, 2025.**

**The only exception is Medicaid that is used for long-term hospitalizations.*

Everyone has a right to an interpreter when applying for health insurance or seeking health care, at no cost.

Regardless of your immigration status, you have a right to an interpreter at no cost, whether you are applying for Medicaid, NC Health Choice, or an ACA insurance plan or are seeking care at a hospital or community health center. This is also true when applying for SNAP or WIC. Children should not be asked to translate for their parents or other adults.

RESOURCES

For a free appointment to enroll in Medicaid or ACA health insurance:

1-855-733-3711

For questions or problems enrolling in public benefits programs:

- Charlotte and surrounding counties:
704-376-1600
- Eastern NC, Triangle and Triad: 919-856-2162
- Western NC: (828) 253-0406
or (828) 210-3404

(Se habla español, interpreters available in many languages)

More on health program eligibility for immigrants:

English:

<https://bit.ly/CCLANCJC-health>

Spanish:

<https://bit.ly/CCLANCJC-salud>

Nutrition Program Eligibility for Immigrants (English and Spanish):

<https://bit.ly/CCLA-NCJC-nutrition>

More Information on Public Charge:

- www.ncjustice.org/public-charge
<https://keepyourbenefits.org>

**IMMIGRANT
ACCESS TO
HEALTH**

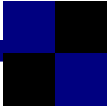
**&
NUTRITION
PROGRAMS**

**North Carolina
Updated April 15, 2025**

 north carolina
JUSTICE CENTER


charlotte center
for legal advocacy
justice lives here.


PISGAH
LEGAL SERVICES



Is it safe for immigrants to apply for health and nutrition programs?

yes! Medicaid and the ACA provide low-cost health coverage to citizens and many lawfully present immigrants, including individuals in mixed-status families. Programs like SNAP (food stamps), WIC, and SunBucks help families put healthy food on the table for their children. You may also safely access vaccines and free/low cost health clinics. **Eligible people should apply for the benefits they need!**

When you apply for Medicaid, an ACA/Marketplace plan, SNAP, WIC or SunBucks:

- **Your information will be and must be kept private and confidential even if your family has members with different immigration statuses.**
- **Your information cannot be used for immigration enforcement.**
- **The law protects you and your family's information and privacy.**
- **ALL OF THIS IS STILL TRUE IN APRIL 2025.**

Applying for someone else? You are NOT required to provide any information about your immigration status!

Applications for Medicaid, ACA/Marketplace insurance, and SNAP require citizenship or immigration status information only from people who are applying for coverage for themselves. The applications may not ask for citizenship or immigration status information about other people who are part of the household who are not seeking coverage for themselves. If you are undocumented, you should not provide any information about your immigration status. Instead you may say, "I am not applying for health insurance (or food stamps) for myself." Non-applicants may still have to provide other information such as their address, tax filer status, and income.

Immigrants should NOT misrepresent information when completing public benefit applications or dealing with any government agency.

Misrepresentations such as providing a false name or Social Security Number can cause serious problems with benefit agencies and Immigration.

If you don't have a Social Security number (SSN), you don't have to provide one.

Whether you are applying for health coverage or benefits for yourself or on behalf of eligible family members, your application for a health or nutrition program may not be delayed or denied because you don't have an SSN. Only people who have a valid SSN are required to provide one.

Even if you are not a US citizen or Green Card holder, you may still qualify for assistance.

All lawfully present immigrants in North Carolina are eligible to purchase ACA health coverage at Healthcare.gov. In NC, all low income pregnant women and children who have legal status (except for DACA) can qualify for Medicaid. Qualifying legal statuses include many categories of immigrants such as U Visas, Student Visas, Work Visas, TPS, VAWA, applicants for SIJS, applicants for asylum and more. Anyone (with or without immigration status) may receive nutrition benefits from the WIC, SunBucks, and school lunch/breakfast programs. Rules are more restrictive for SNAP (food stamps) for immigrants. **THESE LAWS HAVE NOT CHANGED AS OF APRIL 2025.**

